

Hours of Operation

Mon. – Thurs. 5:30am to 9:00pm
Fri. 5:30am to 8:00pm
Sat. 7:00am to 4:00pm
Sun. Noon to 5:00pm

Pool Hours

Mon. – Fri. 7:30am to 7:15pm
Sat. 8:00am to 3:30pm
Sun. 12 noon to 4:30pm

Address

1311 Palmyra Ave.
Richmond, Virginia 23227
804-358-1000

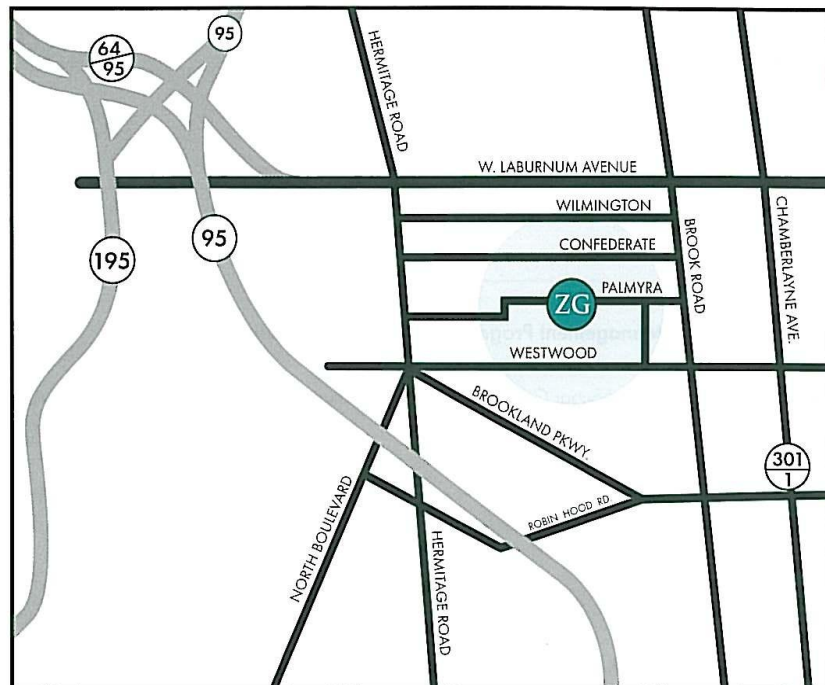
Directions to Zacharias Ganey Health Institute, LLC

Zacharias Ganey Health Institute (“ZG”) is located in the Northside/Ginter Park area in the former Sheltering Arms Rehab Hospital Bldg which is right next door to the former Richmond Memorial Hospital (now Ginter Place Condos). We are in the block between the Boulevard/Hermitage Rds and Brook Rd which run parallel to each other and between Westwood Ave and Palmyra Ave which also run parallel. If you know where the Diamond, Sports Backers Stadium and the Arthur Ashe Center are off of the Boulevard, we are just north of there; heading north on the Boulevard, you take the 3rd right onto Westwood Ave from the Boulevard (right across the street from Kitchen 64) and we are halfway up the street, on the left side. You will see our driveway entrance side sign and our largest parking lot is on the Westwood side of our building. Our weekly medical lectures are held in the basement amphitheatre of Virginia Hall, which is part of the Baptist Theological Seminary Building Complex on the same block. Entrance to Virginia Hall is from Lamont Ave., or the side that faces our ZG Building.



ZACHARIAS
GANEY
HEALTH
INSTITUTE

1311 Palmyra Ave.
Richmond, VA 23227
Phone: 804-358-1000
Fax: 804-358-1600



Questions? Email Mary Jane Ganey at mjganey@zghealth.com

Here are general directions below based on your starting location:

From the **North**: Take I-95 South to the Boulevard exit. Turn left at the end of the ramp onto the Boulevard. Turn right at the first light onto Westwood Ave (do not turn onto Brookland Park Blvd). We are on Westwood on the left hand side of the road just a few blocks down. If you have gotten to Brook Rd you have gone too far.

From the **South (Chester/Petersburg)**: Take I-95 North to the Boulevard exit #78. Bear right towards the Boulevard and take a right at the fork onto Hermitage Rd. Take a right onto Brookland Park Blvd. Take a left onto either Chatham or Gloucester Street. Turn right onto Westwood Ave. See large Zacharias Ganey parking lot on left, midway up the road and before you get to Brook Rd.

From the **South-Midlothian/Chesterfield Area**: Take Powhite Pkwy across James River, continue on I-195N. Continue north to the Laburnum exit on right. Turn right at the end of the ramp. Proceed down Laburnum, cross Hermitage Rd., continue down Laburnum and turn right at light onto Brook Rd. Turn at the 3rd right onto Palmyra and ZG will be a block up on the left. Turn left into small Palmyra side parking lot. OR, take the 4th right off Brook Rd. onto Westwood Ave. and ZG will be a block up on the right. Turn right into large Westwood side parking lot. The Laburnum Mansion (where the ZG WM Program Medical lectures are held) is in this Westwood side parking lot.

From the West: Take I-64 East to the Boulevard exit. Turn left at the end of the ramp onto the Boulevard. Turn right at the first light onto Westwood Ave (double turn here...do not turn onto Brookland Park Blvd...if you do, cut over to Westwood by taking a left on Chatham or Gloucester). We are off Westwood about halfway up street on left (if you get to Brook Rd you have gone too far). Turn left into our large Westwood side parking lot. Laburnum Mansion (where ZG WM Medical lectures are held) is also in this parking lot.

From Broad Street/Willow Lawn area: Proceed to Malvern. Turn left on Malvern and travel north. It will change to Westwood Ave. Follow Westwood, cross Hermitage Rd.; ZG Westwood entrance is halfway up block on left (before you get to Brook Rd/Rt1). Turn left into our large Westwood side parking lot. (Laburnum Mansion, where ZG WM Medical lectures are held, is in this parking lot).

From Broad Street/Boulevard area: Travel north on Boulevard, past the Diamond and Arthur Ashe Center. Pass Robin Hood Rd., & Brookland Park Blvd on right. Turn right onto Westwood Ave. ZG is halfway up street on left (before you get to Brook Rd/Rt. 1).

From downtown: Go north on Belvidere; it will change to 301/Chamberlayne Ave. When you get to Westwood Ave., take a left (Baptist Theological Seminary will be on corner). ZG is halfway up block on the right. Enter into our large Westwood side parking lot. Laburnum Mansion is also in this Westwood side parking lot.

From the East: Take I-95 North to the Boulevard exit #78. Bear right towards the Boulevard and take a right at the fork onto Hermitage Rd. Take a right onto Brookland Park Blvd. Take a left onto either Chatham or Gloucester Street. Turn right onto Westwood Ave. See large Zacharias Ganey parking lot on left, midway up the road and before you get to Brook Rd/Rt. 1.

ALSO From the East: Take I-95 North to exit 76A. Turn right at light at end of ramp onto Chamberlayne Ave/Rt. 301. Bear left onto Brook Road/Rt. 1. Proceed down Brook Road and turn left onto Westwood Ave. We are a block down on the right (before you get to Boulevard/Hermitage Rds).